

HENRY FARM, COWICHAN BAY, BC

GRASS FED BEEF CUT PRICES

Effective - January 1st, 2025



	SIDES OF BEEF (Cut & Wrapped)	PRICE PER POUND
*	Full Sides - approximately 300 to 385 lbs (Hanging Weight)	\$10.00
*	Half Sides - approximately 125 to 185 lbs (Hanging Weight)	\$10.00
	INDIVIDUAL BEEF CUTS	PRICE PER POUND
*	Cross Rib Roast	\$18.00
*	Sirloin Tip Roast	\$22.00
*	Baron of Beef Roast	\$18.00
*	Boneless Rolled Brisket	\$18.00
*	Prime Rib Roast	\$28.00
*	New York Strip	\$26.00
*	Sirloin Steak	\$26.00
*	Club Steak	\$26.00
*	Tenderloin	\$36.00
*	Prime Rib Steak	\$30.00
*	T-Bone Steak	\$30.00
*	Porterhouse Steak	\$30.00
*	Chuck Steak	\$18.00
*	Flank Steak	\$18.00
*	Skirt Steak	\$18.00
*	Round Steak	\$18.00
*	Lean Ground Beef	\$14.00
*	Maui Style Short Ribs	\$14.00
*	Bone-In Short Rib	\$14.00
*	Lean Stir Fry	\$18.00
*	Plain Beef Sausages	\$15.00
*	Mild Italian Beef Sausage	\$15.00
*	Chorizo Beef Sausage	\$15.00
*	Beef Liver, Tongue or Heart	\$9.00
*	Beef Bones	\$5.00

